Luke 10:38–42 (NASB95)

38 Now as they were traveling along, He entered a village; and a woman named Martha welcomed Him into her home.

39 She had a sister called Mary, who was seated at the Lord’s feet, listening to His word.

40 But Martha was distracted with all her preparations; and she came up to Him and said, “Lord, do You not care that my sister has left me to do all the serving alone? Then tell her to help me.”

41 But the Lord answered and said to her, “Martha, Martha, you are worried and bothered about so many things;

42 but only one thing is necessary, for Mary has chosen the good part, which shall not be taken away from her.”

John 11:1–5 (NASB95)

1 Now a certain man was sick, Lazarus of Bethany, the village of Mary and her sister Martha.

2 It was the Mary who anointed the Lord with ointment, and wiped His feet with her hair, whose brother Lazarus was sick.

3 So the sisters sent word to Him, saying, “Lord, behold, he whom You love is sick.”

5 Now Jesus loved Martha and her sister and Lazarus.
Colossians 3:1–2 (NASB95)

1 Therefore if you have been raised up with Christ, keep seeking the things above, where Christ is, seated at the right hand of God.

2 Set your mind on the things above, not on the things that are on earth.

Psalm 51:10 Create in me a pure heart, O God, and renew a steadfast spirit within me.

Max Lucado in his book A Gentle Thunder says:

"Every church needs a Martha. Change that. Every church needs a hundred Marthas. Sleeves rolled up and ready, they keep the pace for the church. Because of Marthas the church budgets get balanced church buildings get repaired and cleaned babies get bounced on loving knees in the nursery. You don't appreciate Marthas until a Martha is missing and all the Marys of the church start scrambling to find the keys to lock doors, turn off the lights and turn off the fans. Yes, the Marthas are the Energizer Bunnies of the church. They keep going and going and going."

Martha was a live wire to be sure.

However, even live wires need a time out for recharging. Work without worship will soon burn you out.
1 Samuel 17

23 As he was talking with them, Goliath, the Philistine champion from Gath, came out from the Philistine ranks. Then David heard him shout his usual taunt to the army of Israel.

24 As soon as the Israelite army saw him, they began to run away in fright.

25 “Have you seen the giant?” the men asked. “He comes out each day to defy Israel.

31 Then David’s question was reported to King Saul, and the king sent for him.

32 “Don’t worry about this Philistine,” David told Saul. “I’ll go fight him!”

33 “Don’t be ridiculous!” Saul replied. “There’s no way you can fight this Philistine and possibly win! You’re only a boy, and he’s been a man of war since his youth.”

34 But David persisted. “I have been taking care of my father’s sheep and goats,” he said. “When a lion or a bear comes to steal a lamb from the flock,

35 I go after it with a club and rescue the lamb from its mouth. If the animal turns on me, I catch it by the jaw and club it to death.

36 I have done this to both lions and bears, and I’ll do it to this pagan Philistine, too, for he has defied the armies of the living God!

37 The Lord who rescued me from the claws of the lion and the bear will rescue me from this Philistine!” Saul
finally consented. “All right, go ahead,” he said. “And may the LORD be with you!”

Romans 8:28 (NASB95)

28 And we know that God causes all things to work together for good to those who love God, to those who are called according to His purpose.